

INFANT AND TODDLER BEHAVIORAL ISSUES AND MENTAL HEALTH

Please select a date and location:

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2 to 4**	\$149 ea.	\$169 ea.
5 or more**	\$129 ea.	\$149 ea.

*Registrations received 10 days prior to seminar date.
**Price per person when registering at the same time.

I am registering and would like to order an audio set for \$59 plus S&H \$8US/\$30CAN: audiotapes CDs

Infant and Toddler Behavioral Issues and Mental Health: Making a Lifelong Impact through Early Identification and Intervention #3406

Audio/manual package: \$159 plus S&H \$8US/\$30CAN
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Infant and Toddler Behavioral Issues and Mental Health:

Making a Lifelong Impact through Early Identification and Intervention

- ◆ Learn therapeutic interventions and teachable parenting techniques for social emotional disturbance, behavioral issues and mental health concerns
- ◆ Discover essential tools for identifying risk factors, coordinating treatment and making differential diagnoses (or knowing when/where to refer for diagnosis)
- ◆ Apply effective, evidence-based approaches to improving mental health and behavioral issues in infants, toddlers and preschoolers (ages 3 months to 5 years)
- ◆ Work effectively with parents of the very young by securing their cooperation, dealing with denial and knowing when and how to talk about medication

www.CrossCountryEducation.com



Providence, RI - July 21
Worcester, MA - July 22
Hartford, CT - July 23
Portland, ME - August 18
Manchester, NH - August 19
Boston, MA - August 20

Continuing education available for Occupational Therapists, Physical Therapists, Nurse Practitioners, Speech-Language Pathologists, Social Workers, Psychologists, Marriage and Family Therapists, Case Managers, Counselors and Nurses.

Infant and Toddler Behavioral Issues and Mental Health:

Making a Lifelong Impact through Early Identification and Intervention

Early intervention is key to reducing aggressive, disruptive and extreme behaviors

The newest and fastest growing area of mental health treatment today is infant and toddler mental health. Young children are presenting with severe behaviors and emotional disturbances that significantly impact their social-emotional development, school readiness and long-term mental health. Families, schools and state-funded childcare systems are seeking mental health consultation and intervention at unprecedented rates, and the number of children presenting with extreme disruptive behaviors and severe emotional disturbance is rapidly increasing. In fact, pre-K students are three times more likely to be expelled than K-12 students (Gilliam, 2006). Unfortunately, very few mental health providers are sufficiently trained to treat this special population. Thus, families of these needy children are left floundering with nowhere to turn for help. The economic and social ramifications of this epidemic are long-lasting and can be devastating.

The good news is that children at this age are very resilient; therefore, effective, early interventions can have more profound and long-lasting results than with any other age group. This comprehensive, interactive workshop focuses on understanding the factors affecting infant and toddler mental health, including physical co-morbid conditions; developmental concerns; family interaction and buy-in; systems communication; advocating for multi-system support; and resources to supplement treatment. Specific attention to diagnosing, working with families, pediatricians, daycare providers, schools, the foster care system and early interventionists is an important aspect of this workshop, which will allow participants to leave with practical tools to use with their youngest clients.

Course Director

JENNIFER ROBERS MILLER, M.S., LPC, is a licensed professional counselor specializing in infant and toddler mental health. She currently works for Dane County Birth to Three Early Intervention program as a Behavior Specialist, and in private practice at Janesville Psychiatric Clinic. She was part of a pioneering Head Start Mental Health project targeting early intervention for children suffering the effects of exposure to trauma, poverty and other mental health and behavioral issues. Jennifer has worked as a Clinician-Mental Health Consultant for inner-city Baltimore Head Start programs and Johns Hopkins Bayview Medical Center Child Psychiatry Outpatient Clinic, and as a guest lecturer at the University of Wisconsin-Madison. Additional experience includes crisis counseling, pediatric residential treatment and managing chronic and persistent mental illness. She regularly gives workshops and trainings to local daycare providers, early interventionists and parents, and serves on a local committee dedicated to raising awareness of the mental health needs of children in the community. She obtained her Master of Science in Counseling Psychology from Loyola College in Maryland and earned a Bachelor of Arts degree in psychology from St. Norbert College in Wisconsin. Since then, her post-graduate training has included courses in effective parenting, multicultural issues in parenting, effects of exposure to violence on brain development, maternal depression, lead exposure and malnutrition, movement and brain development, mental health consultation in early intervention programs, psychopharmacology for young children, speech and language development, sensory integration dysfunction and diagnosing young children. Jennifer's wealth of knowledge and passion combined with her excellent teaching skills ensure that this comprehensive course is an engaging and impactful learning experience for professionals in many different fields.

What You Will Learn

- ◆ Identify the importance of infant and toddler mental health and its implications throughout life
- ◆ Discuss how early intervention works to prevent the need for high-level care later in life
- ◆ Outline the sensorial and neurological impacts of exposure to psychological trauma in young children
- ◆ Review the numerous psychological, behavioral and developmental concerns that may be present in young children (infancy through age five)
- ◆ Examine the impact of trauma, parental mental health and family stress level on children
- ◆ Determine what to ask, how to screen, how to apply diagnostics and when to refer when working with the very young
- ◆ Recognize the importance of a systems approach when treating the young child
- ◆ Demonstrate effective methods to deal with parents' denial and securing their cooperation with therapeutic interventions for their infant, toddler or preschooler
- ◆ List appropriate interventions for infants and toddlers
- ◆ Consider the significance of early childhood experiences in the treatment and assessment of clients at any age

Our Guarantee

Cross Country Education is a national leader in high-quality educational products and services for the health care industry. We have trained over one million health care providers, managers, nurses, professionals and key personnel through our seminars, conferences and study programs. Our programs are guaranteed to improve the effectiveness and efficiency of participants. If you attend one of our one-day seminars or purchase an audio product and do not receive the professional or business benefits described in our literature, or have some other professional complaint, please let us know in writing within seven days and we will issue a credit voucher that you or anyone in your facility may use toward another one-day seminar or audio program. All returned audio products and materials must be received in original condition before a replacement is issued. You may contact us at Cross Country Education, P.O. Box 200, Brentwood, TN, 37024.

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Audio Products

Audio products include a comprehensive CD recording (audiotape available on request) and companion course manual. If you are registered to attend this seminar, you may order a set of tapes/CDs at a reduced fee. Pricing can be found on the registration form, along with shipping and handling. All pricing given in US currency; please call for international rates. You can order online at our website, by faxing or mailing the registration form on this brochure or by calling 800-397-0180 or 615-331-4422. All material is under copyright; any duplication is unauthorized without written consent from Cross Country Education. Supply may be limited; call for availability. Please allow 4 to 6 weeks for delivery.

\$10 OFF

Receive a \$10 discount for this seminar if you are a student or non-profit organization. A valid student ID or 501(c)(3) is required. To use this discount, you must register by phone at (800) 397-0180 or (615) 331-4422.

Register online at
express.CrossCountryEducation.com
Use Express Registration Number: 116391

Dates & Locations

PROVIDENCE - July 21, 2010

Sheraton Providence Airport Hotel
1850 Post Rd., Warwick, RI 02886 401-738-4000

WORCESTER - July 22, 2010

Marriott Courtyard Boston Marlborough
75 Felton St., Marlborough, MA 01752 508-480-0015

HARTFORD - July 23, 2010

Crowne Plaza Hotel Hartford South Cromwell
100 Berlin Rd., Cromwell, CT 06416 860-635-2000

PORTLAND - August 18, 2010

Holiday Inn by the Bay
88 Spring St., Portland, ME 04101 207-775-2311

MANCHESTER - August 19, 2010

Crowne Plaza
2 Somerset Pkwy., Nashua, NH 03063 603-886-1200

BOSTON - August 20, 2010

Hampton Inn
319 Speen St., Natick, MA 01760 508-653-5000

Course Hours

Registration begins at 7:30 a.m. The seminar **begins at 8:00 a.m.** and **concludes at 3:30 p.m.** Coffee/hot tea provided in a.m. One-hour break for lunch on your own. For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

COURSE CONTENT

IMPORTANCE OF EARLY IDENTIFICATION AND INTERVENTION

- ◆ Incidence of social emotional disturbance in the preschool population and impact
- ◆ Effects on the family
- ◆ Lifelong impact of early mental health disturbance
- ◆ Importance of social emotional readiness for school
- ◆ Case study

THE CONSEQUENCES OF EXPOSURE TO TRAUMA ON THE DEVELOPING BRAIN

- ◆ What is considered traumatic for a young child?
- ◆ Sensory impact of perceived trauma
- ◆ How brain chemistry and structure are affected
- ◆ How behavior is tailored by early experiences
- ◆ Implications for future decision-making and life course
- ◆ Case study

GENERAL INFANT MENTAL HEALTH CONCERNS

- ◆ Temperament and goodness of fit as mental health concepts
- ◆ How attachment issues can mimic mood disorders
- ◆ Biological predispositions and rule outs
- ◆ Sensory integration issues and importance of assessment
- ◆ Co-morbid physical and developmental diagnoses
- ◆ Behavioral issues and early intervention therapies
- ◆ Case studies

IDENTIFICATION, SCREENING AND ASSESSMENT

- ◆ Introduction to the DC:0-3R Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood: Revised Edition
- ◆ Other essential screening and diagnostic tools
 - ruling out co-morbid conditions
 - making a differential diagnosis
 - knowing when and where to refer for diagnosis

IMPACT OF MENTAL HEALTH, STRESS AND TRAUMATIC HISTORY OF PARENTS/CAREGIVERS ON INFANTS AND TODDLERS

- ◆ Implications of the current economic crisis
- ◆ Family stress effects
- ◆ Repetitive bonding patterns and "Ghosts in the Nursery" (Fraiberg, 1975)
- ◆ Case study

ADVOCATE WITHIN EXISTING SYSTEMS TO ENSURE BEST OUTCOMES

- ◆ The importance of including daycares, caregivers and schools in treatment, intervention and treatment planning
- ◆ How to teach families to advocate for their children

WORKING WITH PARENTS

- ◆ Securing parent buy-in and cooperation
- ◆ Dealing with denial
- ◆ How and when to talk about medication
- ◆ Difficult case presentations

MAKING THE "SUPER NANNY" PHENOMENON WORK FOR YOUR PRACTICE

- ◆ Redefining expectations—teaching parents that solutions don't happen in one episode

INTERVENTIONS FOR YOUNG CHILDREN

- ◆ Tailoring your toolbox to meet infant and toddler needs
- ◆ Ideal toys and games
- ◆ How to implement (and teach) timeout, sit-outs and other parenting tools
- ◆ Case study

WHY ASKING ABOUT DEVELOPMENTAL MILESTONES AND THE FIRST FEW YEARS OF LIFE IS IMPORTANT AT ANY AGE

- ◆ What questions to prioritize in treatment of older children and adults
- ◆ Why early childhood experiences are significant at any age
- ◆ How this information can be used in treatment and assessment
- ◆ Case study

Who Should Attend

- ◆ Child Psychologists
- ◆ Licensed Professional Counselors
- ◆ Clinical Social Workers
- ◆ School Psychologists
- ◆ School Counselors
- ◆ Marriage and Family Therapists
- ◆ Psychiatric and Pediatric Nurse Practitioners
- ◆ Psychiatric and Pediatric Nurses
- ◆ Pediatric Case Managers
- ◆ Therapeutic Child Care Personnel
- ◆ Childcare Providers
- ◆ Early Interventionists
- ◆ Occupational Therapists
- ◆ Speech-Language Pathologists
- ◆ Physical Therapists
- ◆ Psychiatrists
- ◆ Pediatricians
- ◆ Educators
- ◆ Child Advocacy/Protective Service Personnel
- ◆ Clergy

Confirmations & Cancellations

Confirmations of registration are sent via email within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your email address book to ensure delivery. **If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration.** Cancellations received at least five working days before the seminar are refundable less a \$20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward a future seminar or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible. Please contact your accountant for complete details. Any buyer may cancel this transaction any time prior to midnight of the third business day after the date of this transaction.

Disclaimer: Any opinions, findings, recommendations or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Cross Country Education. Cross Country Education reserves the right to substitute a qualified instructor due to unforeseen circumstances.

Registrants will not receive a certificate until payment has been received and course has been successfully completed. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned marked NSF it will be represented electronically and a processing fee will be charged as allowed by law.

Continuing Education Credit

Social Workers: Cross Country Education provider #1005, is approved as a provider for social work continuing education by the Association of Social Work Licensure Boards (ASWB), through the Approved Continuing Education (ACE) program (approved through 1-27-12). Cross Country Education maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. Visit ASWB's website at www.aswb.org for more information.



Counselors: Cross Country Education is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. (NBCC Provider #5904) The ACEP solely is responsible for all aspects of the program. Six (6) contact (clock) hours are being awarded for completion of this program.



Marriage and Family Therapists: Application has been submitted (but not yet approved) to the Family Development Associates for Massachusetts and Rhode Island Marriage and Family Therapists for 6 continuing education hours. This program has been submitted to the Vermont Board of Allied Mental Health Practitioners for 6 continuing education hours.

Psychologists: Cross Country Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Cross Country Education maintains responsibility for this program and its content. This program offers 6 CE credits for psychologists. Full attendance is required to receive credit for psychologist, variable credit for partial attendance may not be awarded based on the APA guidelines.

Nurses: Cross Country Education, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This course is offered for 6 contact hours.



Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.

Nurse Practitioners: Cross Country Education is accredited by the American Academy of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 060313. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. This course is offered for 6.0 contact hours.



Speech-Language Pathologists and Audiologists:



Cross Country Education, LLC is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for .6 ASHA CEUs (Introductory level; Related area).

Physical Therapists: This seminar qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

Occupational Therapists: Cross Country Education is an AOTA Approved Provider of continuing education. This course is offered for .6 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA Educational level Introductory, Category 2: Occupational Therapy Process.



Case Managers: CCMC Approved Activity

The course listed above was completed on July 21, 22, 23, August 18, 19 or 20, 2010 and is approved for 6 CEUs. Sponsor code: 00059481 Approval number: 00059481-A327. To claim these CEUs, log into your CE Center account at www.ccmcertification.org.

Educators: This course may qualify toward your professional development requirement. The program consists of 6 clock hours. Use this information and your board rules and regulations to calculate professional development/continuing education credit.

Other professions: This seminar qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Cross Country Education.

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date so that arrangements can be made.